

Terms of Use — GLP Journal

Effective date: 20 August 2026

These Terms of Use ("Terms") govern your use of the iOS application **GLP Journal** (bundle identifier `com.glpjournal.app`), published by Denis Drovov ("we", "us"). By downloading or using the app, you agree to these Terms. If you do not agree, do not use the app.

You must be at least 13 years old (or the age of digital consent in your country, if higher) to use GLP Journal.

1. What GLP Journal is — and is not

GLP Journal is a **self-observation journal** for people undergoing GLP-1 therapy. It records what you choose to enter: the injections you perform, your weight, and how you feel.

GLP Journal is not a medical device, does not provide medical advice, and is not a substitute for professional medical care.

- The app never proposes, calculates, or adjusts a dose, an interval, or a schedule. Every dose you record is the one prescribed to you; every schedule is the one you set.
- The "Level" screen shows an **estimated** relative curve derived from published pharmacokinetic constants. It is an informational estimate, not a measurement of anything in your body, and must not be used to make treatment decisions.
- Statistics, summaries, and projections in the app describe the data you entered. They are not diagnoses, assessments, or recommendations.
- Always discuss doses, schedules, side effects, and any treatment decision with your clinician. Never disregard or delay professional medical advice because of something recorded or displayed in the app.
- The app is not designed for emergencies. If you believe you are experiencing a medical emergency, contact emergency services immediately.

2. License

We grant you a personal, limited, non-exclusive, non-transferable, revocable license to use GLP Journal on Apple devices that you own or control, as permitted by the App Store terms. You may not copy, modify, distribute, sell, rent, or sublicense the app, and you may not reverse engineer it except to the extent the law expressly permits.

3. Your data and responsibility

Everything in your journal is entered by you and stays under your control on your device (see the [Privacy Policy](#) for details). You are responsible for the accuracy of what you record and for how you use it. The app faithfully stores and displays your entries; it does not verify them against your prescription or your medical record.

4. Subscriptions

Some features are unlocked by an auto-renewing subscription (offered monthly and yearly; a free trial may be offered on some plans):

- Payment is charged to your Apple Account at confirmation of purchase. Prices are shown in the app before you buy.
- The subscription **renews automatically** unless you cancel at least 24 hours before the end of the current period. Your Apple Account is charged for renewal within 24 hours before the period ends.
- If a plan includes a free trial, any unused portion of the trial is forfeited when you purchase a subscription.
- You can manage or cancel your subscription at any time in your device settings: Settings → your name → Subscriptions.
- Use "Restore Purchases" (on the paywall or in the app's settings) to re-activate a subscription on a new device.
- Purchases and refunds are handled by Apple under the App Store terms; refund requests go to Apple at reportaproblem.apple.com.

Deleting the app does not cancel a subscription.

5. Medication names

Medication brand names that appear in the app's medication picker (such as Ozempic®, Wegovy®, Mounjaro®, and others) are registered trademarks of their respective owners. They appear solely so that you can identify the medication you were prescribed. GLP Journal is an independent product: it is **not affiliated with, sponsored by, or endorsed by** any pharmaceutical manufacturer.

6. Intellectual property

The app, including its design, text, graphics, and code, is owned by us and protected by applicable intellectual-property laws. These Terms grant you no rights other than the license in section 2. Your journal entries are yours.

7. Disclaimer of warranties

The app is provided **"as is" and "as available"**, without warranties of any kind, express or implied, including fitness for a particular purpose, accuracy, and non-infringement. We do not warrant that the app will be uninterrupted or error-free, or that estimates displayed by the app reflect your actual physiological state — they do not claim to.

8. Limitation of liability

To the maximum extent permitted by law, we are not liable for any indirect, incidental, special, or consequential damages, or for any loss of data, arising from your use of (or inability to use) the app. This includes, without limitation, any decision made or action taken in reliance on information recorded in or displayed by the app. Our total aggregate liability shall not exceed the amount you paid for the app in the twelve months preceding the claim. Nothing in these Terms limits liability that cannot be limited under applicable law.

9. Apple

These Terms are between you and us, not with Apple Inc. ("Apple"), and Apple is not responsible for the app or its content. The following provisions apply to every copy of the app obtained from the App Store:

- **Acknowledgement.** Apple has no obligation whatsoever to furnish any maintenance and support services with respect to the app.
- **Maintenance and support.** We are solely responsible for providing any maintenance and support for the app, as specified in these Terms or as required under applicable law. Requests go to the contact in section 13.
- **Warranty.** In the event of any failure of the app to conform to any applicable warranty, you may notify Apple, and Apple will refund the purchase price of the app to you. To the maximum extent permitted by applicable law, Apple will have no other warranty obligation whatsoever with respect to the app; any other claims, losses, liabilities, damages, costs, or expenses attributable to a failure to conform to a warranty are our responsibility, subject to sections 7 and 8.
- **Product claims.** We, not Apple, are responsible for addressing any claims by you or any third party relating to the app or your possession and/or use of it, including: (i) product liability claims; (ii) any claim that the app fails to conform to an applicable legal or regulatory requirement; and (iii) claims arising under consumer protection, privacy, or similar legislation.
- **Intellectual property claims.** In the event of any third-party claim that the app, or your possession and use of it, infringes that third party's intellectual property rights, we, not Apple, are solely responsible for the investigation, defense, settlement, and discharge of the claim.
- **Legal compliance.** You represent and warrant that (i) you are not located in a country that is subject to a U.S. Government embargo, or that has been designated by the U.S. Government as a "terrorist supporting" country, and (ii) you are not listed on any U.S. Government list of prohibited or restricted parties.
- **Third-party terms.** You must comply with any applicable third-party terms of agreement when using the app (for example, your wireless data service agreement).
- **Third-party beneficiary.** Apple and its subsidiaries are third-party beneficiaries of these Terms. Upon your acceptance of these Terms, Apple has the right (and is deemed to have accepted the right) to enforce them against you as a third-party beneficiary.

Your use of the app must also comply with the App Store Terms of Service.

10. Termination

You may stop using the app at any time. We may terminate the license in section 2 if you materially breach these Terms. Sections 1, 3, and 5–9 survive termination.

11. Changes to these Terms

We may update these Terms from time to time — for example, when the app gains new features. The current version is always available at this address, with the date at the top. Continuing to use the app after a change takes effect means you accept the updated Terms.

12. Governing law

To the maximum extent permitted by law, these Terms are governed by the laws of your country or region of residence, without regard to conflict-of-law rules. If you reside in the EU or the UK, the mandatory consumer protection laws of your country apply, and nothing in these Terms limits them.

Courts with jurisdiction where you reside have exclusive jurisdiction over any dispute arising out of these Terms, except where local law provides otherwise.

13. Contact

Questions about this document, or anything else about the app: support@glp-journal.org.